

Q.P Code: 202318

Reg. No:

**M. Phil Clinical Psychology Part II Supplementary Examinations
May 2024**

**Paper II: Psychotherapy and Counselling
(2017 Scheme)**

Time: 3 hrs

Max. Marks: 70

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays

(4x14=56)

1. Discuss the efficacy of behaviour therapy techniques used in the management of phobic disorders.
2. Explain the various models of marital therapy with a special emphasis on the Cognitive behavioural model.
3. Outline the components of therapeutic relationship that facilitate favourable outcome in psychodynamic therapies.
4. Describe the principles of Schema Focused Therapy and explain its suitability in the management of personality disorders.

Short Essays

(2x7=14)

5. Discuss the role of play therapy in externalizing disorders.
6. Critically evaluate the role of clinical hypnotherapy in treating psychopathology.
